PLEASE NOTE: Milk served is unflavored whole milk for one year olds and unflavored non-fat or 1% milk for children 2 years and older.

All Grain items are Whole Grain-Rich. Note: The CACFP Meal Pattern only requires that a whole grain-rich food be included in at least one meal or snack per day.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST:				
Cereal	Pancake with Syrup	Bagel	Breakfast Pita	Mini Waffles with Syrup
Fresh Pineapple	Tropical Fruit	with Toppings	Cantaloupe Cubes	Mandarin Oranges
Milk	Milk	Fresh Strawberries Milk	Milk	Milk
LUNCH:				
Hot Ham & Cheese on a Bun	Pepperoni Pizza	Taco Burger on a Bun	Lasagna	Chicken Patty
Potato Wedges	Cherry Tomatoes	Refried Beans	Garden Salad	Dinner Roll
OR Broccoli Florets	OR Tossed Salad	Dark Green Leaf Lettuce &	Fresh Apple Slices	Mashed Potatoes with Gravy
Fruit Cocktail	Fresh Orange	Tomato Slice	Milk	OR Steamed Asparagus
Milk	Milk	Fresh Banana		Sliced Pears
		Milk		Milk
SNACK:				
Mixed Berry Smoothie	Tortilla Chips	Pretzels	Sliced Cucumbers	Cheese Stick
Graham Crackers	Salsa	Fresh Grapes	Hummus	Apple Slices
Water	Milk	Milk	Milk	Water

^{*}This institution is an equal opportunity provider.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST:				
Cereal	Biscuit & Gravy	Toast with Peanut Butter	Blueberry Mini Muffins	French Toast Sticks
Fresh Apple Slices	Pineapple Chunks	Fresh Citrus Fruit Cup	Fresh Grapes	with Syrup
Milk	Milk	Milk	Milk	Fruit Cocktail Milk
LUNCH:				
Sweet & Sour Chicken	Super Nachos	Cheese Breadstick	Pulled Pork on a Bun	Rock & Roll Beef Wrap
Nuggets	Southwestern Lentils	with Marinara Sauce	Creamy Cole Slaw	with Cheese
Seasoned Brown Rice	Fresh Mixed Fruit Cup	Yogurt	OR Baked Beans	Steamed Carrots
Asian Fresh Vegetables	Milk	Seasoned Corn	Fresh Strawberries	Fresh Pineapple
Tropical Fruit		OR Tossed Salad	Milk	Milk
Milk		Fresh Kiwi		
		Milk		
SNACK:				
Tortilla with	Broccoli Florets	Peach Smoothie	Cheese Quesadilla	Apple Slices
Banana and Honey**	with Ranch Dressing	Graham Crackers	Tomato Salsa	Peanut Butter/Yogurt Dip
Milk	Cheese Stick Water	Water	Water	Water

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^{**}Honey is not recommended for children under 1 year of age.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST:				
Cereal	Mini Waffles with Syrup	Breakfast Pizza	Excellent Egg Tacos	Muffin
Fresh Banana	Fresh Watermelon Chunks	Peach Slices	Fresh Kiwi	Pineapple Chunks
Milk	Milk	Milk	Milk	Milk
LUNCH:				
Chicken Tetrazzini	Hamburger on a Bun	Beef & Noodles	Baked Chicken Drumstick	Yummy Sloppy Joe on a Bun
Seasoned Peas	Oven Fries	Yogurt	Savory Rice	with Cheese
OR Tossed Salad	OR Red Bell Pepper Strips	Mashed Potatoes	Fresh Broccoli	Roasted Red Potatoes
Apricot Halves	Fresh Clementine	OR Green Beans	OR Cherry Tomatoes	OR Edamame
Milk	Milk	Fresh Grapes	Fresh Mango	Fresh Apple Slices
		Milk	Milk	Milk
SNACK:				
Rice Cakes	Cherry Tomatoes	Cottage Cheese	Celery with	Cheese Snack Crackers
Applesauce	Snack Crackers	Pineapple	Peanut Butter	Dried Cranberries
Milk	Milk	Water	Milk	Milk

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST:				
Cereal	Oatmeal	Bagel with Toppings	Chicken Biscuit Breakfast	Pancake on a Stick
Fresh Grapes	Diced Apples	Cantaloupe Cubes	Sandwich	Watermelon Cubes
Milk	Milk	Milk	Fresh Mixed Fruit Cup Milk	Milk
LUNCH:				
Beef & Bean Burrito	Stromboli Squares	BBQ Beef on a Bun	Turkey & Cheese on a	Country Style Beef Patty
Romaine Lettuce & Tomato	Garden Salad	Fresh Snow Peas	Sub Bun	Mashed Potatoes with Gravy
OR Mexican Corn	Diced Peaches	OR Baked Beans	Dark Green Leaf Lettuce &	OR Steamed Broccoli
Fresh Banana	Milk	Summer Fruit Salad	Tomato Slice	Fresh Pineapple
Milk		Milk	OR Sweet Potato Fries	Milk
			Fresh Kiwi	
			Milk	
SNACK:				
Mandarin Oranges	Baby Carrots with	Blackberries	Bell Pepper Strips	Fresh Strawberries
Snack Crackers	Ranch Dressing	String Cheese	Hummus	Yogurt
Milk	Milk	Water	Milk	Water

 $^{{}^*\}mathsf{This}$ institution is an equal opportunity provider.