

Monthly Update

Child and Adult Care Food Program



December 29, 2020

Distributed to CACFP Authorized Representatives and Home Sponsors via Listserv

As posted to www.kn-eat.org, Child and Adult Care Food Program, Updates from CNW

2021 Claim Deadlines for Center Sponsors

Center Claim Deadlines for 2021 have been posted at www.kn-eat.org, Guidance, CACFP Claim Information. KSDE generally vouchers weekly for center sponsors. **A pending claim will not be paid until it has been certified by checking the box that states all information is correct.** Claims are due 60 days after the end of the claim month, please be aware that 60 days does not always correlate with the last day of the month.

Update CACFP Site Applications

Sponsors should ensure that site and waiver applications are up to date and reflect current practices. Sponsors with At-Risk Afterschool Meal sites that plan to serve meals in January through May should ensure that the months of operation are checked in their CACFP site applications.

Whole Grain-Rich Requirement – CACFP Meals/Snacks

Each day that CACFP meals and/or snacks are served, at least one of the grain components of a CACFP meal or snack must be whole grain-rich. If only a CACFP snack is being served, and a grain component is served as a part of the snack, the grain must be whole-grain rich. USDA's CACFP Meal Pattern Training Worksheets found at <https://www.fns.usda.gov/tn/meal-pattern-training-worksheets-cacfp> can assist CACFP Program Operators in identifying whole grain-rich products.

Training Opportunities

Professional Development Opportunities

Virtual professional development will continue in 2021. The CNW Calendar has the class announcements, dates, times, and ZOOM links. Locate the calendar at www.kn-eat.org, CNW Calendar. There is no need to preregister for the Zoom classes. Professional development scheduled through Zoom in January includes:

- Food Safety Basics on Wednesday, January 20, 2:00 p.m. – 5:00 p.m.
<https://ksde.zoom.us/j/94099394145?pwd=eE9aVzk4b1NpdGNwVnBWM2dqQzZFdz09>
- Controlling Costs in the Kitchen on Thursday, January 21, 8:30 a.m. – 3:30 p.m.
<https://ksde.zoom.us/j/97783919382?pwd=TzBIWE83ZIZTRG1iQmXmRmdCZ1JtQT09>

CN Labels & Product Formulation Statements Tutorial – Now Available!

Sponsors can now access the 20-minute CN Labels & Product Formulation Statements tutorial through the KSDE Training Portal. This online tutorial explains when CN labels and product formulation statements (PFS) are required, identifies the required components of a CN label and PFS, and describes best practices for documenting CN labels and PFS. Access the tutorial at <https://learning.ksde.org/>, Child Nutrition & Wellness, Child Nutrition Programs (General Information).



Feeding Infants in the CACFP Guide – Print Copies Available

Request printed copies of the Feeding Infants in the Child and Adult Care Food Program (CACFP) guide today! Requests for printed copies can be sent to sbruschi@ksde.org, be sure to include your sponsor name, sponsor number, mailing address and the number of copies in your request. The Feeding Infants in the CACFP is a training tool for CACFP operators with infants enrolled at their child care site. It covers topics such as the infant meal pattern, developmental readiness, hunger and fullness signs, handling and storing breastmilk and infant formula, solid foods, what is creditable in the infant meal pattern, and much more. Find parent communication tools, child care provider handouts, practice scenarios, and check your knowledge questions in this guide as well.

New Training Videos Available: Mealtimes with Toddlers in the Child & Adult Care Food Program

Children’s nutritional needs and developmental abilities change and evolve dramatically in the first few years of life. The Food and Nutrition Service’s Team Nutrition initiative has released new training videos about mealtimes with toddlers (1- and 2-year-olds) in the CACFP. These videos complement Team Nutrition’s Mealtimes with Toddlers in the CACFP Operator Booklet and Family Handout. The 2-3 minute videos are available in English and Spanish and address the following hot topics:

- Assisting toddlers in learning how to feed themselves
- Encouraging toddlers to try new foods
- Types of milk to serve children in the CACFP

The videos, along with the Mealtimes with Toddlers in the CACFP Operator Booklet and Family Handout are available on the Team Nutrition web site at: <https://www.fns.usda.gov/tn/mealtimes-toddlers-cacfp>. The videos include audio descriptions to promote access for those who have low vision or who are blind.

Food Buying Guide – New Features

New features released on December 11, 2020 are now available on the Food Buying Guide (FBG) for Child Nutrition Programs. Team Nutrition appreciates receiving your feedback on the FBG and works continuously to enhance the user experience. Team Nutrition has further enhanced the capabilities for registered users by allowing Program operators the ability to create folders for the Recipe Analysis Workbooks (RAW) in the FBG Interactive Web-based tool. This new feature allows users to organize their RAWs using the Web-based Tool and also view them when logged into the FBG Mobile App. Additionally, users can now conveniently access their Favorite foods directly from the homepage with the new Favorite foods button on the FBG Web-based Tool. See what the [Food Buying Guide for Child Nutrition Programs](#) has to offer you today!

How to Support Breastfeeding Mothers and Families – Free Training Available

In Kansas, over 90% of mothers choose to breastfeed. These families look for child care providers that support their decision. Consider taking “How to Support Breastfeeding Mothers and Families” through the Kansas Child Care Training Opportunities (KCCTO). This **FREE** online training is offered on a monthly basis and will increase your understanding of breast milk storage and handling, build confidence to use the “paced bottle” feeding method and discusses the benefits of breastfeeding for infants, mothers and communities. This course is appropriate for all early care and education professionals who care for infants in both family child care and center-based programs. To register for the course visit: <https://kccto.org/product/how-to-support-breastfeeding-mothers-and-families-7/>. Participants will earn 2 hours of professional development for completing the training.



Food & Mood Town Hall: January 27, 10-12 am CST

FNS is working with partners at HHS Substance Abuse and Mental Health Services Administration to host a Food and Mood town hall. This kick-off meeting will look at the relationship between food and behavioral health in the K-12 population, touching upon the intersection between food insecurity and nutrition, school gardens, gardening as an intervention, horticultural therapy, and more. We welcome participation from others within your networks. You are welcome to share this information broadly throughout your communities with other food, nutrition, education, and/or behavioral health partners serving tribal and other communities interested in learning more about this important work. We envision this being the first of a series of discussions to explore this connection between behavioral health and food. Thank you in advance for helping us connect with those who could help us grow this effort. [Registration](#) is open now!

CACFP Week is Brought to You by the Letters...C-A-C-F-P!

CACFP Week is right around the corner, March 14-20, 2021. The National CACFP Sponsors Association has a number of free resources to help with planning at <https://www.cacfp.org/news-events-conferences/national-cacfp-week/#:~:text=National%20CACFP%20Week%20is%20March%2014%2D%202021>

Child Nutrition & Wellness Kansans CAN 2020-21 Best Practice Awards

The purpose of the best practice awards program is to encourage and reward outstanding practices in Child Nutrition & Wellness Programs in Kansas that support the Kansas State Board of Education's Kansans CAN vision. There are many outstanding child nutrition programs in Kansas. We encourage you and your staff to make nominations for outstanding and/or innovative practices for recognition of your efforts. A nomination entry form is available at www.kn-eat.org, School Nutrition Programs, What's New. **Nominations are due to the Child Nutrition & Wellness office on or before June 30, 2021.** Winners will be notified by July 31 and presentations will be made at the August State Board of Education meeting.

Please do not hesitate to contact the Child Nutrition & Wellness team at (785) 296-2276 if we can be of assistance with this process. We look forward to receiving your nominations and celebrating the Kansans CAN Best Practice Awards with you at the August 2021 State Board of Education Meeting.

Wishes for a happy and healthy 2021! Happy New Year!

Cheryl, Jill and Julie



For more information, contact:

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