

# Monthly Update



## Child and Adult Care Food Program

December 28, 2021

*Distributed to CACFP Authorized Representatives and Home Sponsors via Listserv*

*As posted to [www.kn-eat.org](http://www.kn-eat.org), Child and Adult Care Food Program, Updates from CNW*

### 2022 Claim Deadlines for Center Sponsors

Center Claim Deadlines for 2022 have been posted at [www.kn-eat.org](http://www.kn-eat.org), Guidance, CACFP Claim Information. KSDE generally vouchers weekly for center sponsors. **A pending claim will not be paid until it has been certified by checking the box that states all information is correct.** Claims are due 60 days after the end of the claim month, please be aware that 60 days does not always correlate with the last day of the month.

### Training

Don't miss any of the amazing upcoming training opportunities. Go to [www.kn-eat.org](http://www.kn-eat.org), CNW Calendar to view all scheduled classes – class descriptions, dates, times and ZOOM links. Upcoming classes through Zoom include: The Path to Personal Wellness, Working Safe and Emergency Preparedness.

- Start the new year off on the right path with **The Path to Personal Wellness** on January 12. Wellness is personal and the path to it is different for everyone! This training will assist with helping to understand the relationship between personal behaviors and lifelong health and wellness. Participants will assess own level of health and wellness, understand how these levels impact quality of life and identify strategies to improve personal wellness.
- **December Culinary Quick Bite**  
Put local on the CACFP plate with beef! For quick tips and resources on beef view the December Culinary Quick Bite at: [https://www.youtube.com/watch?v=WB9u2J\\_LwCI](https://www.youtube.com/watch?v=WB9u2J_LwCI)
- **November Culinary Quick Bite**  
Baby It's Cold Inside! Give Winter Leafy Greens a Try. For quick tips and ideas on how to incorporate winter leafy greens into your menus, view the November Culinary Quick Bite at: <https://youtu.be/uVvUsl1NSEM>
- **Quick Train on Grains: Determining Ounce Equivalents of Grains in CACFP Recipes**  
Grain items prepared from scratch can be a wonderful addition to CACFP menus. Have you ever wondered how these items count in ounce equivalents toward the minimum amount of grains required at CACFP meals and snacks? Join KSDE on **Thursday, January 6 from 1-2 pm** via zoom at <https://ksde.zoom.us/j/81229567961?pwd=cTZUVi8ycjNJS296ZnZ4U3ErTGtwQT09> for a quick train on grains where you will learn how to determine ounce equivalents of grains in CACFP recipes!

### Online Professional Development – Classes and Tutorials

CNW staff continue to develop new interactive online training classes and tutorials that can be accessed free of charge 24/7 via the KSDE Training Portal. Create an account now at <https://learning.ksde.org> and see the entire list of classes and tutorials available. For detailed instructions on creating an account and accessing the training, go to [www.kn-eat.org](http://www.kn-eat.org), Child & Adult Care Food Program, Training.



New to the online portal this month: 2020-2025 Dietary Guidelines and Take Time for Food Safety (Note: This class does not meet the KSDE food safety training requirement for Kansas CACFP Sponsors but is appropriate to train Day Care Home Providers or Volunteers.)

### **How Much Do You Know About Serving Milk in the CACFP?**

Find out with Team Nutrition's Milk in the CACFP Web Quiz! This new quiz focuses on serving milk in the Child and Adult Care Food Program (CACFP). Take the 10-question quiz today at [fns.usda.gov/tn/quizzes/milk-in-the-cacfp](https://fns.usda.gov/tn/quizzes/milk-in-the-cacfp)

### **New Feature Alert for the Food Buying Guide for Child Nutrition Programs Interactive Web-based Tool!**

A new feature is now available on the Food Buying Guide (FBG) for Child Nutrition Programs Interactive Web-based Tool. Team Nutrition appreciates receiving your comments on the FBG and works continuously to enhance the user experience. Team Nutrition is excited to announce that users can now view the meal pattern requirements per meal component for a selected Program and age/grade group while using the FBG calculator. This feature allows for easy access to helpful meal pattern guidance to assist in creating shopping lists. Explore the [Food Buying Guide](#) today!

### **CACFP Week is Brought to You by the Letters...C-A-C-F-P!**

CACFP Week is right around the corner, March 13-19, 2022. The National CACFP Sponsors Association has partnered with Sesame Street in Communities for a week-long education and information campaign. The campaign is designed to raise awareness of how the USDA's Child and Adult Care Food Program works to combat hunger. The CACFP brings healthy foods to tables across the country for children in child care centers, homes, and afterschool programs as well as adults in day care. For more information visit the CACFP Week Campaign webpage: <https://www.cacfp.org/campaign/>

### **Save the Date: The Rural Child Hunger Virtual Summit – April 27-28, 2022**

The goal of the 2022 Rural Child Hunger Summit presented by No Kid Hungry and Save the Children is to highlight the resiliency of rural communities through their innovative and adaptive programs. The Summit will identify promising practices and policy levers that amplify the impact of nutrition assistance programs and reduce rural child hunger. More information to come on session details and how to register for this free event

### **Child Nutrition & Wellness Kansans CAN 2021-22 Best Practice Awards**

The purpose of the best practice awards program is to encourage and reward outstanding practices in Child Nutrition & Wellness Programs in Kansas that support the Kansas State Board of Education's Kansans CAN vision. There are many outstanding child nutrition programs in Kansas. We encourage you and your staff to make nominations for outstanding and/or innovative practices for recognition of your efforts. A nomination entry form is available at [www.kn-eat.org](http://www.kn-eat.org), School Nutrition Programs, What's New. **Nominations are due to the Child Nutrition & Wellness office on or before June 30, 2022.** Winners will be notified by July 31 and presentations will be made at the August State Board of Education meeting.

Please do not hesitate to contact the Child Nutrition & Wellness team at (785) 296-2276 if we can be of assistance with this process. We look forward to receiving your nominations and celebrating the Kansans CAN Best Practice Awards with you at the August 2022 State Board of Education Meeting.



### Wishes for a Happy and Healthy 2022!

Consider a Farm to Plate New Year's Resolution! Take positive steps toward healthy eating by learning where your food comes from and who may benefit from you buying it locally. Kids win- local means fresh and tasty food; Farmers win- opportunity for a new market for their products; Communities win- support the local economy. Follow the lead of other Child Nutrition Programs across Kansas who have shortened the supply chain by buying local and/or growing their own healthy food. Contact Barb Depew, [bdepew@ksde.org](mailto:bdepew@ksde.org) if you have any questions.

### Happy New Year!

#### Cheryl, Jill and Julie



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