

Monthly Update

Child & Adult Care Food Program



August 26, 2022

Distributed to CACFP Authorized Representatives and Home Sponsors via Listserv

As posted to www.kn-eat.org, Child and Adult Care Food Program, Updates from CNW

Centers Program Certification 2023 – Due September 16

Follow instructions given in the 2023 Certification Guide for Centers available at www.kn-eat.org, CACFP, Key Links, Program Certification to complete the Sponsor Application, Center Site Application(s), Multiple Center Management Plan, and Budget online in KN-CLAIM by September 16. Completion of CACFP Administrative Workshop is required to complete Program Certification. Sponsors must certify their application at the bottom of the Checklist Tab in KN-CLAIM to submit it to KSDE for approval. **The certification is not finished until this step has been completed.** Please contact your CACFP Consultant or the Topeka Office (785-296-2276) with any additional questions.

Certification Reminders

- If a Sponsor has a change in Authorized Representative, an Appointment of a New Authorized Representative form must be mailed to KSDE with original signatures. This form can be downloaded from the Checklist Tab in KN-CLAIM.
- Program Year 2022-23 CACFP Administrative Workshop was offered via live webinar on Thursday, July 28. Sponsors unable to attend the live webinar training must take the training through the KSDE Training Portal. At least one representative from each Sponsor must complete the CACFP Administrative Workshop training before annual CACFP Certification can be completed. Access the recorded training at: <https://learning.ksde.org>, Child Nutrition & Wellness, Child & Adult Care Food Program.

Annual Civil Rights Training

“Front line staff” and their supervisors must have civil rights training annually. “Front line staff” includes employees who interact with program applicants or participants regarding program services and benefits. Sponsors can use the Annual Civil Rights Training Documentation handout, found in the forms section of the Administrative Handbook, and/or go to the KSDE Training Portal at <https://learning.ksde.org> and select Civil Rights Compliance in Child Nutrition Programs to conduct a training session. Be sure to keep documentation of civil rights training on file. Training rosters must also be uploaded annually during Program Certification.

Transitioning to Normal Operations – CACFP Flexibilities

USDA’s nationwide waiver authority expired as of June 30, 2022. KSDE submitted and was approved for allowable State waiver requests through USDA’s 12(l) authority. Review the options available and how and when to elect at www.kn-eat.org, CACFP, What’s New, CACFP Flexibilities through June 30, 2023.

Household Contacts Policy to Verify Attendance & Enrollment of Participants

Sponsoring Organizations (multi-site sponsors) must establish a system and written policy, in which the sponsor verifies attendance and enrollment information by contacting adult members of households as part of site reviews. The household contact process is not required for At-Risk Afterschool Meals sites or homeless or emergency shelters. The policy should contain information detailed in Chapter 11 of the Administrative Handbook.



At-Risk Afterschool Meals

Help students make the grade this coming school year by serving At-Risk Afterschool Meals to children in lower income areas. If a traditional CACFP center also participates in CACFP At-Risk Afterschool Meals, the center may only claim school age children under At-Risk. Help ensure that children have access to nutritious meals and snacks for students to achieve both inside and outside of the classroom. For more information, call 785-296-2276 and ask for Laura.

CACFP At-Risk Afterschool Meals Training

CACFP At-Risk afterschool meals and snacks can be served to children located in low-income locations. Sponsors and sites interested in being reimbursed for a supper and/or snack served after the school day can learn more by taking the training through the KSDE Training Portal. It is posted at <https://learning.ksde.org>.

Training Opportunities

Many opportunities for learning are available for CACFP Sponsors. Go to www.kn-eat.org, CNW Calendar to access the class list with dates, times and ZOOM links. Training is also offered through the KSDE Training Portal 24/7. New to the portal: CACFP Administrative Workshop, Civil Rights Compliance in Child Nutrition Programs, CACFP At-Risk Afterschool Meals, and Determining Eligibility for the CACFP.

CACFP Back to Basics Monitoring Training

You will not want to miss the CACFP Back to Basics Monitoring Training if you are a Multi-Site Sponsor of Centers or a Home Sponsoring Organization. Join KSDE on October 4 at 1:00 pm for a review of the CACFP monitoring requirements and oversight activities for sponsoring organizations. Participants will learn about required CACFP monitoring review elements, monitoring review tools, resources, and best practices. Join at <https://ksde.zoom.us/j/81506723312?pwd=QXRyUjVJanVIZU9peVBocEgyNkg4dz09>

Operating the CACFP in Schools

On September 22 at 2:00 pm, KSDE will provide an informative training developed just for schools operating the CACFP. This training will highlight the essential requirements that schools need to know in order to operate a successful CACFP program in school child care centers, Outside of School Hours programs, and Head Start Programs. Join at <https://ksde.zoom.us/j/88644181790?pwd=OFVoU2lON2srWDIzbnk9UUVFxeOU02Zz09>

Spanish Family Child Care Food Safety Kit Resources Now Available

Institute of Child Nutrition (ICN) has launched the Spanish *Family Child Care Food Safety Kit* educational resources on their website: <https://theicn.org/icn-resources-a-z/spanish-family-child-care-food-safety-kit>.

How to be a Breastfeeding Champion in the Child Care Setting

Happy National Breastfeeding Month! Child care providers play an important role in supporting breastfeeding families. You can convey “We are here to help you” without being an expert. Here are a few simple ways to let breastfeeding families know your child care program is here to help:

- Display “Breastfeeding Welcome Here” window decals and table tents at entrances and public spaces.
- Invite breastfeeding parents to breastfeed their child onsite.
- Have “**Breastfeeding 911**” cards ready, along with words of encouragement, when parents need extra breastfeeding help.



Encourage New Foods

Some children are often unwilling to try new foods because they are afraid of the unknown. Be patient and try these tips to encourage children to taste new foods.

- Offer one new food at a time and in small amounts. Wait at least a week or two before reintroducing the food.
- Serve one familiar or favorite food with one new food in the same meal.
- Encourage children to touch, smell, lick, or taste the new food.
- Continue to expose children to new foods. It may take more than 10–15 tries for a child to accept a new food.
- Prepare foods with different textures and flavors. For example, offer carrots cooked with a meal, raw as a snack, cut into sticks or coins, or grated.
- Make food attractive. Offer a variety of foods in different colors, shapes, and sizes. Use brightly colored plates, utensils, cups, or placemats.
- Mix nutrition discussion with other activities such as reading, art, transitions, and dramatic or outdoor play.
- Ask children to describe foods using all their senses. For example:
 - Is the food crunchy, squishy, soft, or creamy?
 - Does it taste sweet, salty, sour, or bitter?
 - Which food crunches louder – carrots or cucumbers?
 - Which food on the plate is your favorite color?
 - What does the food smell like?

Check out the [Encourage Children to Try New Foods](#) video from USDA Team Nutrition that shows how CACFP operators can spark children's interest in new foods.

Team Nutrition Resources for the CACFP

A slide deck with Team Nutrition Resources for the CACFP can be accessed by clicking on this link: [Team Nutrition Child and Adult Care Food Program \(CACFP\) Meal Resources](#). One of the brand-new resources is a Tip Sheet for Crediting Meats/Meat Alternates in Child Nutrition Programs. This tip sheet is part of a series of seven tip sheets that includes [Crediting Fruits and Crediting Vegetables in Child Nutrition Programs](#) previously released. This handy reference for Program operators across all Child Nutrition Programs (CNPs) is a simple and easy-to-use resource that highlights the basics of crediting for the meats/meat alternates component. Access today at: [Crediting Meats/Meat Alternates in Child Nutrition Programs](#). Printed versions of the tip sheet series will be available later. Stay tuned for tip sheets on crediting milk and grains in Child Nutrition Programs.

Mountain Plains Crunch Off, October 2022 – Register now!

- **What:** The Midwest states will be crunching into local food of choice during Farm to School month to see which state will get the most “crunches” and be crowned the Crunch Champion!
- **When:** Any date in October.
- **How:** Begin getting your Crunch group together. Register at: https://ksde.sjc1.qualtrics.com/jfe/form/SV_d9VPRUhrVr5ppc
- **Questions:** Contact Barb Depew, Farm to Plate Project Director at bdepew@ksde.org or call 785-296-0062.



Kansas Team Nutrition Grant Activities Featured

The Fiscal Year 2016 Team Nutrition Training Grant Highlights booklet is now available to order in print via the Team Nutrition [order form](#). This publication showcases the accomplishments, selected interventions, and notable outcomes of these grant activities. You can also download a digital copy of this publication at <https://www.fns.usda.gov/tn/team-nutrition-training-grants-fiscal-year-2016-highlights>.

You are Appreciated!

The KSDE Child Nutrition & Wellness team appreciates each of you and your work to create healthy habits for a lifetime through the CACFP. Be sure to share your best practices at #FuelingKSKids!

As always, if you have questions or need technical assistance, please contact your Child Nutrition Consultant or the Topeka office.

Cheryl, Karen, and Kelly



For more information, contact:

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