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Child Nutrition & Wellness Advisory Council Meeting

Friday, December 6, 2024, 9:00 am to 2:00 pm
Smoky Hills Education Center, Salina, KS 67401

Welcome and Introductions

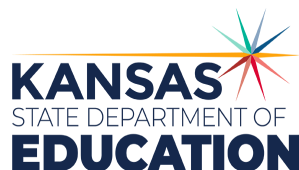
Attendees – Dana Sprinkle, Grace Liss, Adam Inman, Kelly Horn, Marti Higdon, Megan Barnard, Patti Dollarhide, Robyn Stuewe, Stephanie Smith, Tammy Blunt, Melissa Koehn, Lisa Ross, Courtney Koenig, Davonna Daharsh, Michelle Jarboe, Kelly Chanay, Emily Bonilla, Karen Campbell, Laura Hodgson, Barb Depew, and Holly Steinlage.

CNW Team & Administrative Updates (Kelly)

- New staffing at CNW - Abi Boxberger, Cassie Callaway, Jonathan Miller, Cordell Neely. Kirsten Angell will join the team December 18th. With upcoming hiring opportunities, our CNW team will be up to 33 staff in early calendar year 2025.
- Healthier KS Menus are being revised. Recipe testing will occur in March/April 2025. Small, medium-sized and large districts needed for this.
- More Local Food for Schools funding will be made available from Agricultural Marketing Services- information coming.
- CNW Leadership will attend USDA State Agency meeting the week of December 9th

Program Updates (Kelly, Emily, Laura, Karen)

- DCF is the lead agency for Summer-EBT and KSDE is the partnering agency. KSDE will work with DCF on more resources in 2025, including a PSA
- Summer Food Service Program – Many of the same processes regarding congregate and non-congregate feeding will be in place again this year. CNW will continue to work with sponsors to develop strong integrity plans for non-congregate meals. CNW plans to host best practice webinars to promote all the great work sponsors are doing for summer feeding and conduct a Frequent Food Safety Violations training for summer meals. The SFSP program renewal webinar and summer meals trainings will take place in March again this year. If sponsors have a site considered urban by the USDA Rural Designation map that they would like to request approval for the site to be considered in a rural pocket for non-congregate meals, CNW can assist with submitting the request to USDA. CNW is focusing on outreach and creating a business card with QR code to the Locate a Site Near You map to promote feeding sites directly to families. These cards can be used by community partners and schools working directly with families. Emily and Kelly will be attending the No Kid Hungry Summer Nutrition Summit December 9-10 in Dallas. **Schools would like these cards to promote.*
- Child and Adult Food Care Program – CACFP added sugars limits must be implemented Oct.1 2025. An updated Administrative Training for Home Sponsors will be available in 2025. **Add type if meal service to site apps; goal to have access to data in KN-CLAIM for reports; consider resurrecting the KSU plate waste studies; Megan B. indicated upcoming FNS School Food Study may include this.*



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- School Nutrition Programs – Procurement training is required for sponsors. All must take by June 30, 2025, for the 25-26PY. The training will be offered in January/May and will be recorded. All Sponsors receiving an Administrative Review will also be receiving a Procurement Review. Procurement Reviews for self-prep Sponsors are being conducted by CNC Procurement Specialist Robert Dillman; Explanation given that multiple varieties (flavors) of an entrée will be counted separately to determine 80% WGR weekly requirement; Buy American Final Rule implementation July 2025 includes a USDA list of exempted items. These items do count toward no more than 10% allowed with lower percentages in 2029 (8%), 2032 (5%). A USDA tracking tool is available. Note: Fresh Fruit and Vegetable Program may be pulled out of this rule. **Sponsors prefer the KSDE/CNW tracking tools.*; Sugar limits for breakfast cereals, yogurt, and flavored milk. Weekly limit (<10% weekly calories from added sugars for both lunch and breakfast programs) implementation July 2025 Sodium limits will not be implemented until PY27-28.

Technology Updates (Karen and Kelly)

- NTIG 2021 grant includes the new KN-CLAIM dashboard
- NTIG 2023 is for annual updates and maintenance
- NTIG 2024 (4-year grant) includes KN-CLAIM audit modules, Procurement module, FNS reports and AI exploration
- SFSP Meal Counting App should be ready for testing Feb/Mar 2025; need testing sponsors **KS Food Bank will test rural sites*
- Suggestions for how KSDE can support Sponsors are appreciated. Please email Kelly with any suggestions regarding KN-CLAIM or technology needs.

Farm to Plate Update (Barb)

- Local Food for Schools funding deadline TODAY, December 6th. Eryn working on this project.
- KSDE Formula Grant Update – 2024 Heartland Farm to ECE Institute was held in Nebraska City, NE on November 13-15, 2024. Three Kansas teams attended: USD 264 Clearwater; USD 445 Coffeyville; and a combined team from P0076 Child Care Links, LLC and P0089 Quality Care Services, LLC. One year of project work with an assigned coach.
- 2025 Heartland Farm to School Institute Applications are due Friday, December 13th.
- USDA 2024 Farm to School Sub-Grant Application deadline has been extended until Friday, December 13th. Several applications on file, but additional funds are available.
- 2025 KDA Specialty Crop Block Grant Workshops will be held in January and February 2025.

Professional Development Update (Holly)

- In-Service Request Form now available. To schedule an in-service, KSDE requires at least 8 weeks advance notice, at least 25 attendees for in-person, and cannot be scheduled on same day as an Annual Administrative Training (depending on program), SNA-KS Conference, or SNA-KS regional training. For in-service requests, contact Holly at hsteinlage@ksde.org.



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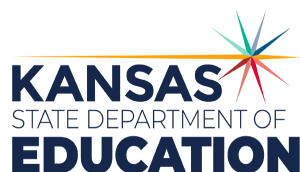
- Nine culinary coaches attended a train-the-trainer session at K-State Olathe. KSDE has developed four modules/sessions for culinary coaches to use for training. Sponsors choosing two sessions will receive about five hours of training. They will re-convene coaches in July 2025 for another train-the-trainer session and to plan new training topics (cutting whole produce, preparing fresh meat products, yeast breads, etc.)
- Jump Start will be held in Salina on January 30, 2025. In fall 2025, plans are to change to a two-day training and cover director and manager requirements/responsibilities in more detail; continue the mentoring aspect. Collaboration with KSU Dietetics programs is resuming.
- A CACFP Jump Start is a future goal.
- The CACFP Jump Start for Homes will be held in Topeka in May 2025.
- New trainings for SFSP, CACFP, SNP will be offered. Intro to SFSP and frequent summer food safety violations for SFSP. Sugar requirements for CACFP and SNP. Plan to update many of the CACFP trainings currently on the portal.
- CACFP Naptime Trainings will be posted under tutorials.
- Holly and Kelly shared that more interactive online trainings and more in-person trainings are goals for the CNW team in 2025. is a plan.

Lunch & Networking Opportunity

Courtney Koenig with KDHE shared the State of Weight report and State CACFP regulations. Kansas was last assessed in 2013. Currently ranked 7th from the bottom. She provided the Kansas Profile for Center-Based childcare licensing regulations and support of 47 high impact obesity prevention standards.

2025 Sponsor Goals - Report Out Activity

- Expand provider training to Colby, other areas - Sunshine Connections
- Add pre-K and HS to current Food4Kids program - KS Food Bank (Hugoton has a HS Back Snack program)
- Implementing CACFP; Bright Wheel - Hugoton schools
- Employee Retention; reduce paper goods; reduce theft - Shawnee Mission and Maize schools
- Electronic Production Records - Shawnee Mission Schools
- Expand feeding sites; get involved with school wellness (SNAP-Ed)
- Using iPad for counting - Salina YMCA
- Food Vendors understand CACFP requirements
- Childcare information to parents; work with KSDE to develop - Child Care Aware
- Food Access, WIC sites - KDHE
- F2S Sub-Grant - The Opportunity Project School
- Transition to Superintendent - Congratulations, Dana!
- Beef Council Resources - Kansas Beef



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- **Give a Shout Out - Report Out Activity**

- Kudos to Day Care Connections for their monthly update videos to providers
- Thanks, Emily Bonilla, for educating KS SNAP-Ed on Summer Meals- very valuable to our staff
- USD 259 Wichita's presentation on AI was a game changer
- TOP Early Learning Centers – cooking from scratch for over 750 people every day, year round
- USD 210 Hugoton – adding CACFP; secured additional funds for Food for Kids

Feedback from the Field - Flip Chart Notes Activity

- **What I would like USDA to know**

- SFSP - 7 days vs 5 days service. Milk is a bigger issue with 5 days
- SFSP - Urban areas need non-congregate meals. It is not safe to walk in large cities and parents work multiple jobs
- Summer EBT is confusing to families, and many think they qualify for free meals next year because they received “Summer Food Stamps” causing issues with applying for meals
- HACCP should be applied as needed, not globally. Becomes busy work with limited mgrs. e.g satellite sites
- Buy American
 - Concern our menu variety of fruit will be limited by anything less than 10% non-domestic products
 - Great in theory but has study been done of how this requirement will affect exposure of students to variety of fruit and vegetable choices
 - Staffing challenges and time constraints to now track % of food that is non-domestic
- Funding challenges with rising food and labor costs to obtain adequate staff and stay competitive in the Foodservice Industry

- **Support from KSDE**

- Could CNW employ someone to proofread our grant applications?
- Response time from consultant
- Excess Cash - provide clarification on State-wide Zooms
- Tell us sooner what resources you are working on
- If KSDE/CNW shares information with superintendents or State BOE; make same information available to sponsors to be able to field questions
- Release SNP Program Renewal earlier (March/April)

- **Technology/KN-CLAIM**

- Bright Wheel - use their documents
- Place to go to for quick basic questions; not CNC's
- A way to clean up DC data to default students to only showing highest benefit level; instead of listed multiple times
- KSDE Training Portal upload to KN-CLAIM
- Tech Support to create data maps to include Program/Non-Program CACFP sites; ASP; Supper sites; local food use and Team Nutrition schools (like SFSP 'Locate a Site Near You)

NOTES



- **Training**
 - Prototype for formal purchasing documents
 - Food overproduction awareness when bulk foods are transported to other locations
 - Buy American check sheet for sponsors
 - Record Town Halls - I have only attended one this year!
 - Jump Start - Consider adding the KASB Director's Workshop. It is a great class for new managers,
 - Directors and personnel management. (Gary Seachrest)
 - CACFP Home Sponsors' Financial Training - Budget specifics, SPWA's, Monthly Expenditures, Carryover, etc.
 - Training on how to use a tilt skillet to scratch cook
 - Training on fan speeds & temps on convection ovens - SMSD did this & it made a big impact
 - Training for food vendors
 - In-person Jump Start for Directors - refresher type for experienced directors, maybe a year before Administrative Review
 - Combined program culinary classes
 - Keep Town Halls for the most important updates; cancel if there are no major admin updates
 - Webinars are appreciated for districts in remote areas (cost of travel)
 - At least 1 in-person training per year for CACFP Home Sponsors would be helpful to be able to speak to CNW Team about challenges, ask questions, etc. Zooms and Town Halls are great but don't hear from some sponsors unless in-person.
 - Monthly Update - Add a beginning section with upcoming due dates for next 4-6 weeks; use fiscal auditing's note as a model.
 - Trainings - provide answers to questions missed rather than % of accuracy
- **Misc**
 - Families love non-congregate meals
 - Any plans to look at KS Wellness Policy Guidelines? Been a while since updated.
 - SNP - educate Industry and Manufacturers about sugar changes
 - Suggested certification for your data person: Google Data Analytics Certification
 - One-hour Annual Training for Wellness Committee Chair S
 - Sponsors suggested training certification documentation linked to KN-CLAIM (note - would require software interface; may not be feasible)
 - Bright Wheels – popular menu documentation and parent information for CACFP

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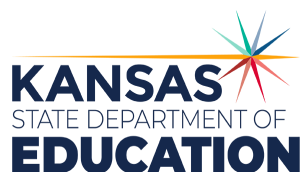


Best Practices shared by Advisory Council members

- Self-care classes
- Cross-collaboration - Child Care Aware
- Created a platform to share success stories - Midwest Dairy Council
- Safe Routes to School. Identify students who are actively transporting themselves to school - KDHE
- Communication - Involve FSMC's in Director's Meetings
- Allergies. Have a 2nd prep check. 39% of students have allergies at The Opportunity Project School
- Thermoworks.com (insta-read thermometers) - KDA
- Documenting is doing - KDA
- Kids do menu planning - Hugoton
- Planning- implemented documentation of substitutions form - Shawnee Mission schools
- Manager in Training Program - Maize schools
- Share table/family style service - Salina YMCA
- Standardizing Resource- ordering/cooking/portioning - Manhattan schools
- Buddy System, Phone discussions - KS Food Bank
- Support System Resources for Providers; shared on Social Media - Sunshine Connections
- Daily tray pictures - FSMC's
- Monthly video for providers - shared on behalf of Day Care Connections

Feedback Provided to CNW

- Director's Retreat - Positive response; prefer it not be tied to another conference; one retreat for all programs
- CACFP Fall Conference - discussed an 8-12 and 1-3 with keynote speakers and breakouts (like in the past; central location (Manhattan/Wichita); programs want live trainings!
- Industry Update - include CACFP; it is needed
- Team Nutrition Grant suggestions - Smart Snack recipes needed



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