How Do You "Measure Up"?



Volumes and Conversions

One of these	...is equal to:
1 Bushel	8 gallons (dry) 32 quarts (dry) 64 pints (dry) 4 pecks
1 Gallon	4 quarts 8 pints 16 cups
1 Quart	32 fluid ounces 58 cubic inches 2 pints 4 cups
1 Pint	16 fluid ounces 29 cubic inches 2 cups
1 Kilo (or kilogram)	2.205 pounds
1 Liter	1.057 quarts (liquid)

Equivalent Weights Chart		
Fruits Weight Chart		
Fruit Item	**Retail Unit (volume)**	**Net Weight (pounds)**
Apples	Bushel	42-48
	½ bushel	24
	Peck	10-14
Blackberries	6-quart tray	10-12
	Quart	1¼-1½
Blueberries	6-quart tray	10-12
	Dry quart	1½-2
	Dry pint	¾-1
Cantaloupe	Sold by count/weight	
Cherries	Dry quart	1½-1¾
	Dry pint	1¼-1½
Grapes	Bushel	44-50
	2-quart basket	2 ½-3
Peaches	Bushel	42-48
	1/2 bushel	24
	Peck	12-14
Pears	Bushel	48-50
	Peck	12-14
Plums	Bushel	50-56
	Peck	13-15
Strawberries	Dry quart	1¼-1½
	4-quart basket	6
	6-quart basket	10-12
	24-quart crate	36
Tomatoes	Bushel	50-60
	8 dry qts. or peck	12-15

Equivalent Weights Chart		
Vegetables Weight chart		
Commodity	**Retail Unit (volume)**	**Net Weight (pounds)**
Asparagus	Bushel	45
Beans, Snap	Bushel	28-30
	Peck	8
Beets	Bushel, topped	50-58
Broccoli	Bushel	23-25
Cabbage	Crate	50
Carrots	Bushel, topped	50
Cauliflower	Crate	60
Corn	5 dozen, bag or crate	Approx. 40
Cucumbers	Bushel	48-50
	Peck	12-13
Greens (Kale)	Bushel	18-20
Lettuce	Box	50
Onions, Dry	Sack	50
Peas, Green (in pod)	Bushel	28-30
	Peck	7-8
Peppers	Bushel	25-30
Potatoes	Bushel or bag	50 to 60
	Peck	Approx. 15
Squash, Summer	Bushel	40-44
	Peck	10
Squash, Winter	Small	1-4
	Medium	6-12
	Large	15-40
Sweet Potatoes	Bushel	50
	Peck	12-14
Turnips	Bushel	50-56
	Peck	12-15