

Monthly Update



School Nutrition Programs

December 28, 2021

*Distributed to School Nutrition Program Authorized Representatives and Food Service Directors via Email
As posted to www.kn-eat.org, School Nutrition Programs, Updates*

Town Hall Tuesdays at 2 on January 11th and 25th

Join us for Town Hall meetings on January 11th and 25th at 2:00 pm at this link:

<https://ksde.zoom.us/j/93001580396?pwd=ZlliMTVuemh3d0VoVU80aGVQcmZ0Z09>. Agenda items for the January 11th Town Hall will be: Supply Chain Assistance Funds, Congressional Flexibility extended through February 18th, Wellness Wednesdays, Professional Development opportunities in 2022 and any other new guidance received from USDA.

USDA Guidance

Supply Chain Assistance Funding

On September 17, 2021, The U.S. Department of Agriculture (USDA) Food and Nutrition Service (FNS) published policy memo SP 03-2022, *Allocation of Supply Chain Assistance (SCA) Funds to Alleviate Supply Chain Disruptions in the School Meal Programs* with attached Q&A guidance. On December 21, State Agencies were provided guidance and Q&As on the distribution of up to \$1 billion in relief funding made available through the USDA's Commodity Credit Corporation, provided to assist school food authorities with addressing supply chain disruptions. These additional resources will complement the support and flexibilities FNS is providing to school districts and States for school year 2021-2022 as they work to provide nutritious school meals to children during these challenging times. KSDE Child Nutrition & Wellness will be attending USDA webinars on January 5 and 12 to learn details and ask questions about the Supply Chain Assistance distribution guidance. We will share what we learn at the Town Hall meeting on January 11.

Low-Fat (1%) Flavored Milk – Congressional Flexibility Extended through February 18, 2022

In Section 789, of Division A of the Consolidated Appropriations Act, 2021, Congress provided that none of the funds made available by the Appropriations Act or any other act may be used to restrict the offering of low-fat (1% fat) flavored milk in the National School Lunch Program (NSLP) and School Breakfast Program (SBP) as long as such milk is not inconsistent with the most recent Dietary Guidelines. Due to recent Congressional action, this flexibility allowing low-fat, flavored milk in the NSLP and SBP is now effective through February 18, 2022. This provides additional flexibility in planning school breakfast and lunch menus; but, does not require schools to make any menu changes.

Also, in the Appropriations Act, Congress provided that funds made available by the Appropriations Act cannot be used to procure raw or processed poultry products imported into the United States from the People's Republic of China for use in the child nutrition programs. This prohibition is also extended through February 18, 2022.

For more information, please see this policy memo: [Consolidated Appropriations Act 2021: Effect on Child Nutrition Programs – REVISED](#). Please note, while the expiration date for these provisions is listed as September 30, 2021, in the memo, **they have both been extended to February 18, 2022**. FNS will provide additional guidance if these provisions are further extended. As stated in the memo, flexibility related to paid lunch equity and serving potatoes and other starchy vegetables in the SBP remains in effect through school year 2021-2022.



Virtual Wellness Workshops in February – Wellness Wednesdays

Join KSDE each Wednesday in February for Wellness Wednesdays to assist Kansas schools in implementing wellness policies and creating a healthier school environment. Each Wednesday in February two identical 1-hour virtual sessions will be offered at both 9:30 a.m. and 1:00 p.m.

Attendees must pre-register to attend! Attendees who register and attend all four sessions will receive a Colorful Feed Poster Set, containing 5 unique posters. Participants will receive a certificate of participation for each session they complete which can be used for proof of professional development. Recordings of each of the weekly wellness Wednesday sessions will be available in the KSDE Training Portal at a later date for those unable to attend live!

- **February 2: Local School Wellness Policies: Regulations and Resources**

Gather the information and resources necessary to bring wellness committees back together stronger! Participants will learn about the importance of local school wellness policies and the state and federal laws and regulations regarding wellness policies. Resources, tools, and best practices for meeting wellness policy requirements and building strong wellness policies will be reviewed, and participants will also see a live demonstration of the updated Wellness Impact Tool in KN-CLAIM. **Register to attend at <https://ksde.zoom.us/meeting/register/tZMud-mspzwsG9MxK3X9kUqEvMZHCPO7Jwy->**

- **February 9: Nutrition Education**

Explore FREE nutrition education resources that can be used to move your school's wellness policy initiatives to the next level! Learn about virtual Body Venture and an accompanying elementary thematic unit centered around science, nutrition and fitness. Hear how Farm to Plate connects schools through gardening and local farms with the objective of serving healthy school meals and educating students about where their foods comes from by using local products. Explore Team Nutrition curriculum, training and resources available from USDA. Discover Culinary Training to assist school nutrition professionals and families in preparing and serving more whole grains, local protein and dairy and fresh produce. **Register to attend at https://ksde.zoom.us/meeting/register/tZlisd-6vrD8qGta0nZtFjOyL90YM_4ki97Bk**

- **February 16: Mental Health: Food and Mood – Understanding Science & Evaluating Evidence**

Hear from guest Speaker, Dr. Amanda Zangrillo, PsyD, BCBA-D, an associate professor and department director of the Severe Behavior Program at the Munroe-Meyer Institute at the University of Nebraska Medical Center to learn decision-making strategies and critical evaluation skills around the dynamic interplay of nutrition and behavioral health for school-aged youth. Participants will learn how to discern pseudoscientific practices from evidence-based practices when addressing physical wellness as part of a mental health treatment plan. **Register to attend at https://ksde.zoom.us/meeting/register/tZAqd--tj4pHdU4UGP6dtSLpp7ToEd14_jY**

- **February 23: Motivational Interviewing**

Learn how motivational interviewing techniques can be used to intervene and help school age children become motivated to change addictive behaviors that are preventing them from making healthier choices. Dr. Elly Leavens, Research Assistant Professor in Population Health at Kansas University Medical Center, who serves as the chair of the Youth Vaping Task Force, Discipline and Cessation subgroup and whose research investigates mechanisms that contribute to tobacco use and tobacco-related health inequities will be joined by Alicia Jackson, School Counselor at Olathe West High School in the Olathe School District and 2018 Kansas Counselor of the Year to present the fourth and final wellness Wednesday session. **Register to attend at <https://ksde.zoom.us/meeting/register/tZMufu2grTgsHtP3KDQGD1kLM7FLxFW-bmLx>**



Annual On-site Accountability Reviews

The School Food Service On-Site Accountability Review (Form 9-G) can be accessed online at www.kn-eat.org, School Nutrition Programs, Food Service Facts, Chapter 9. **By February 1, Sponsors implementing the National School Lunch Program including the Seamless Summer Option (SSO)** with more than one serving site must review each site approved to participate in the National School Lunch Program at least once per year and review 50% of all sites approved to participate in the School Breakfast Program once per year. Someone not involved in the daily meal accountability procedures at the site must conduct the On-Site Accountability Review. Keep completed reviews on file with school food service program documents for review or audit. Each on-site review must ensure the school's claim is based on the counting system, as reported on the site application, and yields the actual number of reimbursable meals served for each day of operation. If the review discloses problems with a school's meal counting or claiming procedures, the Sponsor must ensure that the school implements corrective action, and within 45 days of the review conduct a follow-up on-site review to determine that the corrective action resolved the problems. **These reviews can be completed via desk audit this year due to COVID Waiver flexibility.**

Contracting with a Food Service Management Company Training, January 12th

An important training session for Sponsors considering contracting with a Food Service Management Company for SY 2022-23 will be held on January 12 from 9:00 am-11:00 am via ZOOM. Join the training at: <https://ksde.zoom.us/j/81427451960?pwd=L0JKczNnN21TOUxITEE2T0R4QWR6Zz09>

Claim Deadline Reminder

Claims are due 60 days after the end of the claim month. Please be aware that 60 days does not always correspond with the last day of the month and that claims must be in "approved" status not "pending".

HACCP Reminder

Remember to complete the Food Safety Checklist each month for each site and keep a copy of the monthly review on file as part of your HACCP documentation. A copy of the checklist can be found at www.kn-eat.org, Food Safety, HACCP Guidance & Resources, HACCP Resources.

New feature alert for the Professional Standards Training Tracker Tool (PSTTT)

Team Nutrition appreciates receiving comments on the PSTTT and works continuously to enhance the user experience. Prior to the latest release, the PSTTT only allowed users to record training for the current school year, previous year, and the next upcoming year. With the new update, users can now record trainings for past school years. This feature allows users of the tool to keep their previous training histories in one convenient location. Additionally, after receiving many requests, Director and Manager users can now upload multiple training records for all employees at one time for any school year. Director and Manager users can conveniently upload a spreadsheet using the template found within the tool to import multiple training records for all employees. Please contact cnpntab@usda.gov for further assistance with this new feature. Track your Professional Standards training hours today using USDA's free [Professional Standards Training Tracker Tool!](#)

Professional Development Opportunities

Go to www.kn-eat.org, CNW Calendar to view all scheduled trainings – descriptions, dates, times and ZOOM links. Upcoming trainings through Zoom include: Winter Back-to-School Bundle, The Path to Personal Wellness, Working Safe and Emergency Preparedness.



- Spring Back-to-School Bundle: **Adjusting Standardized Recipes and Preparing Standardized Recipes** on January 5 from 1:30-3:45 pm. If you missed the first standardized recipe training in October, *Using Standardized Recipes in the School Nutrition Program*, then make sure to check out the KSDE online training portal to complete the training.
- **The Path to Personal Wellness**, January 12 from 8:30 am- 3:30 pm. Wellness is personal and the path to it is different for everyone! This training will assist with helping to understand the relationship between personal behaviors and lifelong health and wellness. Participants will assess own level of health and wellness, understand how these levels impact quality of life and identify strategies to improve personal wellness. Join at <https://ksde.zoom.us/j/89009552983?pwd=VWhkQmNZNm9JbXhUUDgvM2RjcTlsZz09>
- **December Culinary Quick Bite** - Put local on the school plate with beef! For quick tips and resources on beef, view the December Culinary Quick Bite at: https://www.youtube.com/watch?v=WB9u2J_LwCI
- **January Culinary Quick Bite** - Baby It's Cold Inside! Give Winter Leafy Greens a Try. For quick tips and ideas on how to incorporate winter leafy greens into your menus, view the November Culinary Quick Bite at: <https://youtu.be/uVvUsl1NSEM>

If you would like to schedule a ZOOM Inservice for your Sponsor or have questions about professional development, contact Kelly Chanay at kchanay@ksde.org.

Online Professional Development – Classes and Tutorials

CNW staff continue to develop new interactive online training classes and tutorials that can be accessed free of charge 24/7 via the KSDE Training Portal. The professional development classes offer a certificate upon successful completion which can be printed. Tutorials are less than an hour with no quiz and no certificate. Create an account now at <https://learning.ksde.org> and see the entire list of classes and tutorials available. For detailed instructions on creating an account and accessing the training, go to www.kn-eat.org, School Nutrition Programs, Training.

New to the online portal this month: Using Standardized Recipes in the School Nutrition Program.

Spanish Food Safety Basics

Food Safety Basics in Spanish is available upon request as a recording of a live virtual class. Spanish speaking employees who are not fluent in English may view the recording under the oversight of their supervisor. Contact Kyleen Harris at kharris@ksde.org to request the link to the recording and corresponding participant handouts.

New feature alert for the Food Buying Guide for Child Nutrition Programs Interactive Web-based Tool!

A new feature is now available on the Food Buying Guide (FBG) for Child Nutrition Programs Interactive Web-based Tool. Team Nutrition appreciates receiving your comments on the FBG and works continuously to enhance the user experience. Team Nutrition is excited to announce that users can now view the meal pattern requirements per meal component for a selected Program and age/grade group while using the FBG calculator. This feature allows for easy access to helpful meal pattern guidance to assist in creating shopping lists. Explore the [Food Buying Guide](#) today!



New! Team Nutrition Meal Components Web Quiz

USDA's Team Nutrition initiative is excited to announce the release of the Meal Components web quiz, now available at fns.usda.gov/tn/quizzes/meal-components. This quiz focuses on meal components and meal pattern requirements for all Child Nutrition Programs. It is the latest addition to the collection of Team Nutrition web quizzes that cover a variety of nutrition topics, available at fns.usda.gov/tn/quizzes.

National School Breakfast Week: Get Ready to Take Off with School Breakfast

National School Breakfast Week (NSBW) takes place March 7-11, 2022! This year's theme, *Take Off with School Breakfast*, reminds parents and stakeholders that a healthy school breakfast helps ensure students' academic success in school so they can "take off" and reach their goals. [Learn More](#)

Download Logos and Artwork

Get started with NSBW artwork! Use these images on menus, social media, in newsletters and on your website. To request artwork and logos, just complete the [short online form](#). You can instantly download the logos and receive additional image links via email.

Start Planning NSBW Menus Now

[Read the article](#) in the November/December issue of *School Nutrition* for some fun ideas on how to pump up your breakfast program using this year's theme, and keep an eye out for the toolkit—coming soon!

News from No Kid Hungry

Increasing Participation Through Alternative Meal Service Models

Alternative meal service models, such as Grab n' Go and meals in the classroom, can provide more flexibility for students, leading to increased meal participation. These alternative service models use portable equipment that enable schools to serve food with the same high-quality meal standards and variety as traditional cafeteria dining. Additionally, alternative meal service models can be utilized anytime to ensure students are able to access meals conveniently and efficiently during the school day.

Seeking School Nutrition Directors to Join Innovation Cohort – Applications Due January 4

Do you have ideas about how to change your meal program to better meet the needs of kids but little time or resources to try new approaches? The No Kid Hungry Program Innovation team is offering a unique opportunity for School Nutrition Directors to bring their ideas to life by joining an innovation cohort facilitated by the global design firm, [IDEO](#).

Cohort Member Responsibilities:

- Participate in three 90-minute virtual working sessions in January through March, scheduled based on the availability of the cohort members
- Pilot an approach from the toolkit in the district/school sometime in March - June
- Support ongoing learning and evolution of the toolkit by sharing staff, kids', and caregivers' experiences from pilot approaches

No Kid Hungry aims to assemble a geographically diverse cohort of five School Nutrition directors. Participating Directors will receive a personal stipend of \$1,000 to contribute their time and expertise during the design process as well as a \$4,000 grant to pilot an approach from the toolkit in their school(s). **Apply now:** [Click Here](#)



Save the Date: The Rural Child Hunger Virtual Summit – April 27-28, 2022

The goal of the 2022 Rural Child Hunger Summit presented by No Kid Hungry and Save the Children is to highlight the resiliency of rural communities through their innovative and adaptive programs. The Summit will identify promising practices and policy levers that amplify the impact of nutrition assistance programs and reduce rural child hunger. More information to come on session details and how to register for this free event.

Child Nutrition & Wellness Kansans CAN 2021-22 Best Practice Awards

The purpose of the best practice awards program is to encourage and reward outstanding practices in Child Nutrition & Wellness Programs in Kansas that support the Kansas State Board of Education's Kansans CAN vision. **There are many outstanding Child Nutrition Programs in Kansas.** We encourage you and your staff to make nominations for outstanding and/or innovative practices for recognition of your efforts. A nomination entry form is available at www.kn-eat.org, School Nutrition Programs, What's New. **Nominations are due to the Child Nutrition & Wellness office on or before June 30, 2022.** Winners will be notified by July 31 and presentations will be made at the August State Board of Education meeting.

Please do not hesitate to contact the Child Nutrition & Wellness team at (785) 296-2276 if we can be of assistance with this process. We look forward to receiving your nominations and celebrating the Kansans CAN Best Practice Awards with you at the August 2022 State Board of Education Meeting.

Wishes for a Happy and Healthy 2022!

Consider a Farm to Plate New Year's Resolution! Take positive steps toward healthy eating by learning where your food comes from and who may benefit from you buying it locally. Kids win – local means fresh and tasty food; Farmers win – opportunity for a new market for their products; Communities win – support the local economy. Follow the lead of other Child Nutrition Programs across Kansas who have shortened the supply chain by buying local and/or growing their own healthy food. Contact Barb Depew, bdepew@ksde.org if you have any questions.

Happy New Year!

Cheryl, Jill and Julie



For more information, contact:

Cheryl S. Johnson
 Director, Child Nutrition & Wellness
 (785) 296-2276
www.kn-eat.org
csjohnson@ksde.org

Kansas State Department of Education
 900 S.W. Jackson Street, Suite 102
 Topeka, Kansas 66612-1212
 (785) 296-3201
www.ksde.org

This institution is an equal opportunity provider.

The Kansas State Department of Education does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following person has been designated to handle inquiries regarding the nondiscrimination policies: KSDE General Counsel, Office of General Counsel, KSDE, Landon State Office Building, 900 S.W. Jackson, Suite 102, Topeka, KS 66612, (785) 296-3201.